

Casco Bay YMCA Toughen up Masters Swim Meet 2010
Toughen Up Challenge Results

2/21/10

Womens Sprint Competition		50BA		50FL		50FR		50BR		100IM		Total	
Name	Age	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Adjusted Time	Place
Jessica Knight-Beers	29	29.08	28.80	28.43	28.10	25.46	24.09	34.66	33.51	1:02.15	1:02.15	2:56.65	1
Katrine Alcaide	29	30.73	30.43	27.99	27.67	25.14	23.78	32.32	31.24	1:06.09	1:06.09	2:59.22	2
Mary Estabrook	48	32.10	29.50	28.42	26.19	26.23	23.95	37.65	35.54	1:08.73	1:04.91	3:00.08	3
Ronnie Kamphausen	75	46.45	29.69	47.37	29.33	38.72	25.05	54.21	34.80	1:41.95	1:06.67	3:05.15	4
Stacy Sweetser	34	34.53	34.53	28.81	28.81	26.22	25.13	33.67	33.67	1:06.92	1:06.62	3:08.77	5
Katherine Gatti	26	31.66	31.36	31.98	31.61	27.37	25.89	39.86	38.53	1:12.34	1:12.34	3:19.74	6

Mens Sprint Competition		50BA		50FL		50FR		50BR		100IM		Total	
Name	Age	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Adjusted Time	Place
Doug Pride	46	25.67	23.97	24.57	22.92	23.79	21.92	36.74	33.03	56.90	52.57	2:34.41	1
Dale Syphers	53	31.54	27.28	29.99	27.35	25.90	23.17	35.79	31.88	1:07.18	58.52	2:48.22	2
Adam Gaulin	21	29.95	29.28	27.15	25.91	24.67	23.68	30.29	29.19	1:02.15	1:00.51	2:48.58	3
Son Nguyen	30	29.93	29.31	27.78	26.44	25.77	24.86	29.92	28.42	1:02.95	1:00.28	2:49.35	4

Womens Distance Competition		400IM		200Fr		200Br		200BK		200FL		Total	
Name	Age	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Adjusted Time	Place
Kiva Hermansen	24	5:38.70	5:38.70	2:26.16	2:23.29	3:10.40	3:10.40	2:52.01	2:52.01	2:39.26	2:33.48	16:37.88	1
Kristina Panayotoff	61	8:03.15	5:56.87	3:36.89	2:50.36	3:58.36	3:02.29	3:51.58	2:49.53	3:56.82	2:42.65	17:21.69	2
Maria Villare	27	6:34.59	6:29.84	2:51.25	2:51.25	3:17.78	3:13.42	3:16.79	3:14.59	3:42.58	3:42.58	19:31.67	3

DQ

Mens Distance Competition		400IM		200Fr		200Br		200BK		200FL		Total	
Name	Age	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Raw Time	Adjusted Time	Adjusted Time	Place
Michael Schmidt	47	4:30.52	4:12.60	1:55.55	1:47.80	2:35.01	2:22.76	2:16.54	2:02.76	2:13.63	2:03.46	12:29.44	1
Jeremy Hutchinson	34	4:51.57	4:45.53	2:07.11	2:00.99	2:35.08	2:29.62	2:11.07	2:04.49	2:22.94	2:16.88	13:37.51	2
Doug Roth	48	6:02.49	5:38.48	2:11.64	2:02.81	3:01.44	2:47.17	2:35.44	2:19.74	3:07.28	2:53.03	15:41.24	3
Pietro Guadalupi	50	6:05.08	5:15.83	2:39.81	2:25.75	3:13.58	2:53.18	2:53.94	2:34.95	3:04.49	2:40.72	15:50.43	4

DQ in 400IM